

# Spring Time Making Re-Cycle - Up-Cycle

Hello families, this is Helen from Fabrica art gallery Chomp! We have designed some ideas for creative activities to do at home. This is the first of a few different activities that we'll be sharing, we hope you enjoy them, and encourage your adult to have a go as well!

Below are our written instructions, but Fabrica and One Church will also be sharing some short video demonstrations of the activities as well, on Facebook and in newsletters. They might give you some ideas for different activities and how to do something a little different, so keep an eye out for those. We'd love you to share what you make with us, also, so do get in touch on those channels or email us at **communities@fabrica.org.uk**

We've included some materials to use and decorate, but the activity can be done using household leftovers - egg boxes, plastic bottles, milk bottle cartons, toilet and kitchen rolls etc. - please ask an adult to check it is OK for you to use any of the materials.

As usual, of course, if you have your own ideas of things, animals, people, mechanics to make, that's GREAT and please go for it!  
You can Re - Cycle and Up - Cycle to create creatures, plants, towers, buildings, and anything else that you may think of from your own imagination.

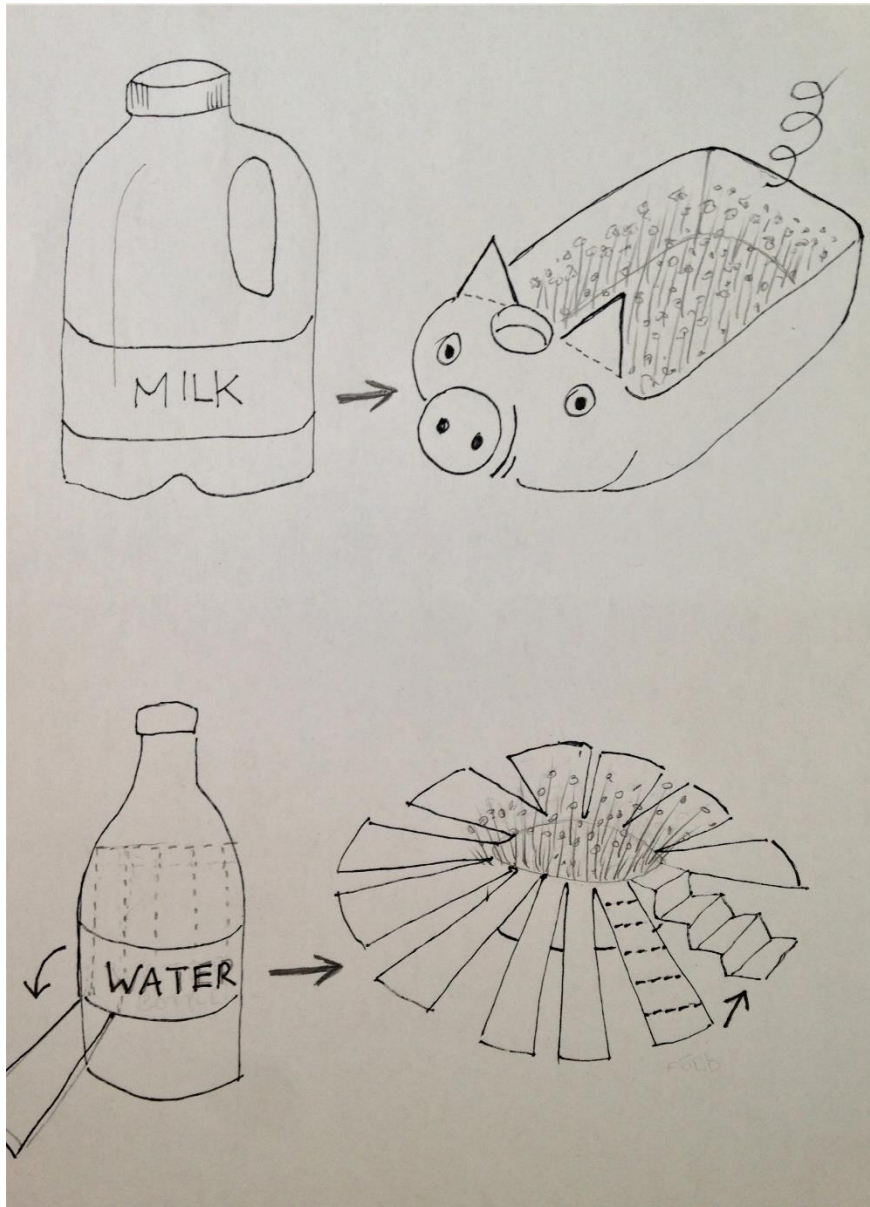
Here are some ideas to get you started and to show you some techniques too...

## FIRST ACTIVITY SESSION

### A pig planter for sprouting seeds

You could make a pig or any type of creature you like

1. Using a plastic milk carton, draw a line all around the centre of the bottle, from top to bottom to mark out where you will cut out including the ears...and perhaps a tail too. When the ears or tail are cut out you can bend and twist easily into shape (see the drawing example over the page)
2. Decorate any way you would like, possibly with the paper sticky dots or felt tip pens or pipe cleaners or anything else you may have around you can use.
3. If an adult in your house has an old piece of cotton, kitchen towel, toilet paper or cotton wool, any of these can be used to create a thin base on the inside of your made creature. It does not need to be very thick.
4. Sprinkle on some water to make the cotton, paper or cotton wool damp, try not to make it too wet. Then sprinkle on the seeds. Place it where there is good light. When the paper begins to dry out you will need to add some more water, not too much...then over the next few days watch the seeds grow...
5. When they are fully grown you can cut off the shoots and eat them...they are delicious and healthy too.



### **Plastic bottle flower or star shaped seed planter**

1. Cut the top part of the milk bottle off.
2. To make the petals or star shape, draw vertical lines or triangles with a felt pen or biro from the top to three quarters of the way down.
3. Cut down the lines.
4. Fold back the petals or star points. To make a petal or star shape crinkly make folds in them (see drawing)
5. Decorate with paper sticky dots, felt tip pens, pom poms or anything else you may wish.

To grow the seeds see the instructions for the pig planter.

Thanks guys, and best wishes from the Fabrica and Chomp team!